



NEWSLETTER

TERM 1 WEEK 2 - 1/18 - 9TH FEBRUARY 2018

Kindergarten 2018



PRINCIPALS MESSAGE

Dear Parents

As we begin the 2018 school year we say “Welcome!” to all members of our school:

All students

All staff

All families

A very special welcome is included also to our six new Kindergarten children and their parents and families.

SOPHIE FIELD

AMBER KARAM

LOGAN KEARNS

STUART McMILLAN

PARKER MILES

HANNAH SHEEHAN

We also welcome back our Parish Priest, Fr Garry McKeown who joins us each Wednesday for the School Mass. We look forward to a great year of learning and achievement in all areas—academic, social, physical, cultural and spiritual.



SWIMMING

Our swimming program got away to a bit of a rough start. We are back on track this week and everyone has been looking forward to our Swimming Carnival tomorrow. The St Joseph's Water Safety Program will continue until 16th February.



SCHOOL ASSEMBLIES

Wednesday saw our first formal Assembly for the school year. The school assembly is held every second Wednesday at 2.50 pm.

Students are presented with Awards for the fortnight.

MERIT AWARDS: (Principal Achievement, Bronze, Silver, Gold) for points on the classroom behaviour chart

SCHOOL CAPTAINS AWARD: for looking after our school and caring for others.

SPORTS AWARDS: for sporting achievement and good sportsmanship

SPECIAL AWARDS: for Growth Mindset (see attached information)

Parents are welcome and encouraged to come along every second Wednesday.

NEXT ASSEMBLY – WEDNESDAY 21ST FEBRUARY



SCHOOL UNIFORM

Thank you to all parents who have put great effort into ensuring that the children are appropriately dressed in full school uniform to start the year off. **Please remember** that it is very important to wear school shoes from Monday to Thursday. Our shoes are an important part of our uniform. Joggers are only worn on Fridays for sport.. Please also note that the correct socks with the school uniform are:

White socks for the girls – socks need to be above the ankles

Grey socks for the boys – socks need to be above the ankles

For sports days white socks are worn by all students.

SCHOOL HAT

A school hat is essential this term even when the weather is overcast. These may be purchased from the office for \$15. School hats are worn in Terms one and four. Sunscreen is available to be used by the children but a hat must also be worn to be completely sunsafe.

RE NEWS

ASH WEDNESDAY

Next Wednesday is Ash Wednesday marking the beginning of the Lenten Season. Father Garry will celebrate Mass at 9.30am in our Church. This is a very important event in the parish and the school, so please join us.

LENT

Lent is a time of preparation for the great feast of Easter. During this time we are mindful that we share our world and we need to care for others, especially those who are not as lucky as we are. Our Diocese participates in Project Compassion every Lent and as always we do this as well. Attached to this newsletter is a small cardboard shape which can be made into a donation box. Families are encouraged to give small donations to the poor. In this way we can contribute to the wellbeing of all.

This years focus, "Children and Youth Empowerment" is very relevant to the Church's Year of Youth which began at Advent 2017. The donation boxes may be sent in towards the end of term and these are then forwarded to Caritas Australia.

THANKYOU

WELCOME AND INDUCTION MASS

The "Welcome and Induction Mass" will be held on Wednesday 21st February, at 9.30am. At this special Mass we say "Welcome!" to our new Kindergarten students and their families. We also say "Welcome back!" to all existing students and their families. Fr Garry will also complete the Induction of the school leaders, and Year six captains and present them with their badges. Everyone is invited to attend. At the end of the Mass Fr Garry and Kindergarten will cut the "Welcome Cake" which will then be shared by all.

PLEASE COME ALONG

PARENTS AND FRIENDS ASSOCIATION

FIRST MEETING TUESDAY 27TH FEBRUARY AT 7PM

- PLEASE NOTE THIS WILL BE THE ANNUAL GENERAL MEETING
- PLEASE MARK THIS DATE IN YOUR CALENDAR
- IT IS VERY IMPORTANT TO FORM OUR COMMITTEE AT THIS MEETING TO ORGANISE UPCOMING EVENTS

THANK YOU

Altar Servers

Sunday 18 th February	Mia Dunleavy Annika Taylor Maddison Field
Sunday 25 th February	Nate Green Savannah Green
Sunday 4 th March	Halle Gillespie Yasmine Turner
Sunday 11 th March	Mia Dunleavy Annika Taylor Maddison Field
Sunday 18 th March	Nate Green Savannah Green
Sunday 25 th March	Halle Gillespie Yasmine Turner
EASTER	VOLUNTEERS

PLEASE NOTE: St Joseph's School has been rostered on to do Offertory at Sunday Masses so please bring your children along and become involved in our Parish.



FOSTERING A GROWTH MINDSET 2018

Having a **growth mindset** (the belief that you are in control of your own ability, and can learn and improve) is the key to success. Yes, hard work, effort, and persistence are all **important**, but not as **important** as having that underlying belief that you are in control of your own destiny.

The concept of a **growth mindset** was developed by psychologist Carol Dweck. A “mindset” according to Dweck, is a self-perception or “self-theory” that people hold about themselves. Believing that you are either “intelligent” or “unintelligent” is a simple example of a mindset. People can be aware or unaware of their mindsets, according to Dweck, but they can have profound effect on learning achievement, skill acquisition, personal relationships, professional success, and many other dimensions of life.

“In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment,” writes Dweck. Students who embrace growth mindsets—the belief that they can learn more or become smarter if they work hard and persevere—may learn more, learn it more quickly, and view challenges and failures as opportunities to improve their learning and skills.

(Carol. S. Dweck. *Mindset, the new Psychology of Success* (2016) Random House USA Inc.)

At St. Joseph’s we support a growth mindset and are helping our learners develop good habits and learning paths which encourage a growth mindset. Each fortnight we focus on a particular learning trait that can assist developing better thinking when learning new skills. We call these the 5R’s and they are explained briefly below.

At the fortnightly assembly children who excelled in the chosen learning trait will be awarded a certificate and small prize.

Our focus for the next two weeks – starting on Monday 12th February is **RESPONSIBLE LEARNING**. The children will be taught more about what a responsible learner is in class time and will get many opportunities to practice the skills related to responsibility.

At Coles, we're passionate about quality, fresh food and helping kids across Australia lead a healthy lifestyle. That's why we're launching the Coles Sports for Schools program again. During the Sports For Schools program, your students families will be able to collect Coles Sports for Schools vouchers for their school from Coles stores across Australia. When the program ends, schools can exchange those vouchers towards sporting equipment to encourage all kids to get healthy and active at school.

Dates for Term 1 2018

Week 2	February	9	SJS Swimming Carnival
Week 3		14	Ash Wednesday
Week 4		20	Eastern Region Swimming Carnival
		21	Assembly
Week 5		27	P&F AGM
	March	1	Diocesan Swimming Carnival
Week 6		5	Catholic Schools Week Starts
		7	Assembly
Week 7		16	SJS Walkathon
Week 8		21	St Joseph's Mass
		23	Winter Sports Trials
Week 9		30	Good Friday
Week 10	April	1	Easter Sunday
		4	Assembly
Week 11		13	End of Term

ANZAC DAY IN HOLIDAYS 25th April

Dates for Term 2 2018

Week 1	April	30	School Resumes
Week 2	May	7	Litter Workshop

COMMUNITY INFORMATION

HOT HITS IS BACK!!!

Summer Tennis 2017 / 2018

Children's Group Tennis

BOOKINGS ARE ESSENTIAL !!!

Term 4 (2017), 1 & 2 (2018)

We are very excited to incorporate Tennis Australia's ANZ Hotshots program into our Saturday mornings. Throughout our lessons the children will be taught varied skills along with correct technique to ensure they learn all about the game of tennis. We are very focused on maximum participation ensuring the emphasis is on fun while building confidence.

If you would like to know more about this personalised tennis coaching and/or would like to book a spot contact Tracey Green on

0430 722 215

or
hothitstennis@hotmail.com

You may also like to check out all the info on our website and register online
www.hothitstennis.com.au

There are a limited number of spots available so be quick as we would not like to disappoint!!

COACHES

Jason, Tracey & Katie Green (ATPCA)
Janene & Caitlin Graham (ATPCA)

Go4Fun
Healthy • Active • Happy • Kids

FREE 10 week program for kids above a healthy weight, aged 7-13 years and their families to become fitter, healthier & happier!

REGISTER NOW
JM Robinson Aquatic Centre - Lithgow
Term 1: Thursdays 4:30 - 6:30pm
Starts 1st Feb

To register **FREE** call 1800 780 900
SMS 0409 745 645 for a call back
Register online www.go4fun.com.au

 **Health**
Nepean Blue Mountains
Local Health District

Flippy **Thrive**

HOMECWORK CENTRE

4:00pm - 5:00pm Thursdays
Fatima Hall, corner of Tweed Rd, and Great Western Highway, Bowentfels

Term 3's group starts 22nd of July (week 2) and ends 14th of September (week 9)

Kinder to Year Six welcome.
Afternoon tea will be provided.
Access to computer and internet provided.

Spaces are limited. Please call Thrive on 6351 9055 for more information and book a spot for your child!

For more information about Thrive in Katoomba or Lithgow email us at info@thriveservices.org.au or head to our website www.thriveservices.org.au

ThriveServicesLithgowBlueMountains



Active Ants Kids Fitness

Mondays 3:45pm Family Fitness Fun
The chance for the whole family to train together in this fun filled 40minute outdoor session involving short fitness activities and games.
\$7 Child (\$5 Siblings) or \$15 for the Family

Wednesdays 3:45pm Andrew's Running Clinic
Introduces Infants / Primary School Children to Running through skill sessions and short fun running drills and games.
\$50 for the Term (\$40 Siblings) or \$7 a Class

Fridays 3:45pm Active Ants
Gym activities & games for Infants / Primary School Children that involve both working individually and in a group.
\$50 for the Term (\$40 Siblings) or \$7 a Class

More Info: Call Andrew 0427 268 348
www.antfitness.com.au

Homework Zone *Lithgow Library Learning Centre*

For students in Years 3-12
Enjoy a quiet study space with a fully-qualified teacher who will provide advice and assistance with any homework assignments.

Children are required to sign in for each session with a parent's contact number; and to have set homework, or planned study, to complete during the session.

Tues, Wed & Thur 3.30pm-5.30pm during school term

Please note: All children under 8 must be accompanied by a parent/carer.

For information call the Library
Lithgow Library Learning Centre
157 Main St, Lithgow
Phone: 6352 9100
www.library.lithgow.com

